



Truth Card Workshop

Are you a woman who is ready for change?

Have you limited the things you choose to do as a result of negative self-talk and untruths that you have believed for far too long?

Are you ready to find your way back to the TRUTH of whom you were called to be?

Truth cards are wonderful little amazing things that tell us the truth about ourselves.

Spend the day in the casual elegance and beautiful setting the of
The Digby Pines Garden Room –

Start to heal and find your TRUTH.

Words are powerful - a few true and beautiful words can give us the hope we need to keep going.

Truth Cards help to overpower the nasty script that we have been conditioned to believe, preventing our souls from feeling whole or healed. They are little messages of art, love and truth that speak directly to your soul... telling you the TRUTH.

Each little card can provide healing with its powerful message.

Experience uplifting music, all art supplies and a little time just for you
-exactly what your soul needs.

All you need to do is show up and feel the love!

♥Follow your heart♥

Create your truth cards as simple or as elaborate as you would like. No prior art experience is necessary.



Anna Pitre will facilitate this workshop; Anna is a Certified Instructor of Soul Restoration and business owner of Brave Nova Souls. Brave Nova Souls was created to help women improve their lives and know the truth that they were meant to have a beautiful life.

Anna's other passion is as a career practitioner; she helps folks along their pathways to life-changing empowered career choices.

DATE

SUNDAY, OCTOBER 6, 2019

10:00 - 4:00

LOCATION

THE DIGBY PINES GOLF RESORT AND SPA's - GARDEN ROOM

\$75.00 workshop and lunch

1-800-667-4637 to register

If you are interested in an overnight stay Contact The Digby Pines Resort and Spa and inquiry about their special 90th Anniversary Rate

SEATING IS LIMITED

A delicious lunch will be provided

Please let us know if you have any special dietary requests.

HERES THE TRUTH

You were born good -Valuable beyond all measure -Full of potential.
That is still who you are.